



Type II Diabetes New Patient Application and Case History

Name _____ Age _____ Sex: M F DOB _____ Today's Date _____
 Address _____ City _____ State _____ Zip _____
 Home Phone _____ Work Phone _____ Cell Phone _____ e-mail: _____
 May we leave a voice mail? Y N Height _____ Weight: _____
 How Did You Hear About Us? _____
 Employer _____ Occupation _____ Length of Employment _____ SSN _____-_____-_____

Present Complaints

1. Main Problem(s): _____

2. In spite of the fact that you are not a doctor, you are in fact the person who knows more about your condition than anyone else. In your own words and your own opinion what do you think the real problem is : _____

3. When were you diagnosed with Type II diabetes: _____
What diagnostic tools were used to achieve your diagnosis:

4. What are the three things your condition has caused you to miss most:

5. Symptoms(list all):

6. Severity of problem (circle):
Minimal (annoying but causing no limitation)
Slight (tolerable but causing a little limitation)
Moderate (sometimes tolerable but definitely causing limitation)
Severe (causing significant limitation)
Extreme (causing near constant limitation (>80% of the time))
7. What relieves your symptoms or causes them to return:

8. Describe the first time you remember having symptoms:

9. If your symptoms include pain:
What is the quality (sharp, dull, stabbing, color, etc.): _____
Does the pain radiate: Y N where: _____

10. Do your symptoms occur at a specific time, place, or environment: Y N
When and for how long do symptoms last each episode:

11. What types of treatment have you received:
Prescription/Drug therapy _____
Nutritional _____
Alternative/Holistic _____
12. List your health goals in order of Importance:

13. What are you hoping happens today as a result of your consultation:

14. How often are you aware of your main problem (circle one):
Occasionally (25% of the time) Frequently (75% of the time)
Intermittently (50% of the time) Constantly (100% of the time)

Motivation to achieve these goals: 1 2 3 4 5 6 7 8 9 10

15. If you cannot find a solution to your problem what do you think will happen?

16. Due to your condition have you lost time from (describe how much time and what tasks have been limited)?

Work: Y N Describe: _____
Family: Y N Describe: _____
Leisure Activities Y N Describe: _____

Blood Sugar

HIGHEST your blood sugar gets WITHOUT medication _____
LOWEST your blood sugar gets WITHOUT medication _____

HIGHEST your blood sugar gets WITH medication _____
LOWEST your blood sugar gets WITH medication _____

Medications

(List all prescription, over-the-counter, botanicals, homeopathic, and supplements)

Medical and Social History

Surgeries/Hospitalizations	Date	Trauma	Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Past/Recent Illness	Date	Marital Status: S/ MW/Sep./D	Spouse_____
_____	_____	Children / ages:	_____
_____	_____	_____	_____
Family History(mother, father, siblings, spouse, children)	Date	Do you use: Alcohol Y N	Tobacco Y N Caffeine Y N
_____	_____	___ drinks/week	___ pack/day ___ cups/day
_____	_____		

Russell Skinner, M.D., Medical Director

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Review of Systems: Past and Current

(Have you ever had the following (circle "P" for past and "C" for current - leave blank if you do not or have not experienced)

CONSTITUTIONAL

- PC Fatigue
- PC Recent weight change
- PC Fever

EYES

- PC Blurred/double vision
- PC Glasses/contacts
- PC Eye disease or injury

EAR/NOSE/MOUTH/THROAT

- PC Swollen glands in neck
- PC Hearing loss or ringing
- PC Earaches or drainage
- PC Chronic sinus problems or rhinitis
- PC Nose bleeds
- PC Mouth sores / Bleeding gums
- PC Bad breath / bad taste
- PC Sore throat or voice change

CARDIOVASCULAR

- PC High or Low Blood Pressure
- PC Shortness of breath walking/lying
- PC Heart disease
- PC Chest pain or angina pectoris
- PC Palpitation
- PC Mitral Valve Prolapse
- PC Feet or ankle swelling
- PC Shortness of breath
- PC Spitting up blood

PSYCHIATRIC

- PC Insomnia
- PC Memory loss or confusion
- PC Nervousness
- PC Depression

GENITOURINARY

- PC Frequent urination
- PC Burning or painful urination
- PC Blood in urine
- PC Change in force or strain urinating
- PC Kidney stones
- PC Sexual difficulty
- PC Male : testicle pain
- PC Female: pain / irregular periods
- PC Female: pregnant
- PC Bladder Infections
- PC Kidney Disease
- PC Hemorrhoids

GASTROINTESTINAL

- PC Abdominal pain
 - PC Nausea or Vomiting
 - PC Rectal bleeding/blood in stool
 - PC Painful bm / constipation
 - PC Ulcer
 - PC Change in bowel movement
 - PC Frequent diarrhea
 - PC Loss of appetite
- ### RESPIRATORY
- PC Chronic or frequent cough
 - PC Spitting up blood
 - PC Pneumonia / Bronchitis
 - PC Shortness of breath
 - PC Wheezing
 - PC Asthma

ENDOCRINE

- PC Glandular or hormone problem
- PC Excessive thirst or urination
- PC Heat or cold intolerance
- PC Skin becoming dryer
- PC Change in hat or glove size
- PC Diabetes
- PC Thyroid Disease

MUSCULOSKELETAL

- PC Back pain
- PC Joint pain
- PC Joint stiffness and swelling
- PC Muscle pain or cramps
- PC Muscle or joint weakness
- PC Difficulty walking
- PC Cold extremities

INTEGUMENTARY (skin, breast)

- PC Change in skin color
- PC Change in Hair or Nails
- PC Varicose veins
- PC Breast pain / discharge
- PC Breast lump
- PC Hives or Eczema
- PC Rash or itching

NEUROLOGICAL

- PC Freq./ recurring headaches
- PC Migraine headache
- PC Convulsions or seizures
- PC Numbness or tingling
- PC Tremors
- PC Paralysis
- PC Head injury
- PC Light headed or dizzy
- PC Stroke

HEMATOLOGIC/LYMPHATIC/OTHER

- PC Slow to heal after cuts
- PC Easy bleeding or bruising
- PC Anemia
- PC Phlebitis
- PC Past transfusion
- PC Enlarged glands
- PC Blood or Plasma Transfusions
- PC Hepatitis
- PC Cancer
- PC Infectious Mono
- PC AIDS or HIV+
- PC Venereal
- PC Chicken pox

ALLERGIES / OTHER (drugs, food, or environmental) _____

RECENT TESTS (lab work, x-rays, CT, MRI) _____

OTHER PROVIDERS

Doctor's Notes
